## Thrivent Financial For Lutherans

Employee Health Services



## Employee Health Services

Thrivent Financial for Lutherans™

#### Well Workplace Gold Award

- Wellness Councils of America
  - -1996
  - -1999

#### Top Down Endorsement



# Congruence with Mission of Company



# Employee Health Services Mission Statement

Partnering to deliver accessible, quality health services and medical expertise enhancing AAL productivity.

#### Employee Health Services

- Prevention
- Primary Health Care
- E mployee Assistance Program

#### Employee Health Programs

- Geared toward health education
- Awareness

#### Lactation Program

- Health education
- E nvironment and culture conducive to breast



#### Employee Assistance Program

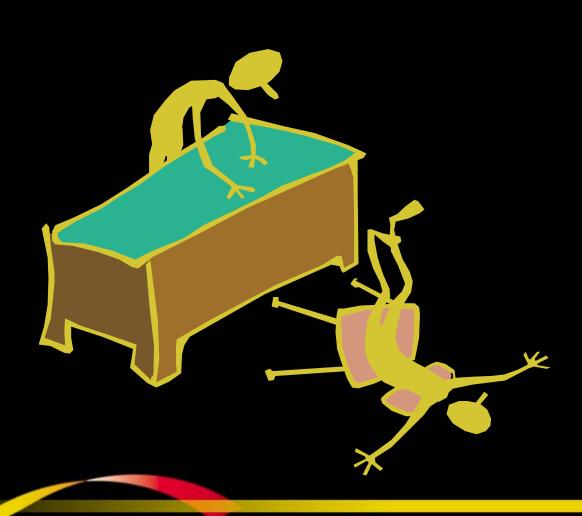
- Free
- Voluntary
- Confidential



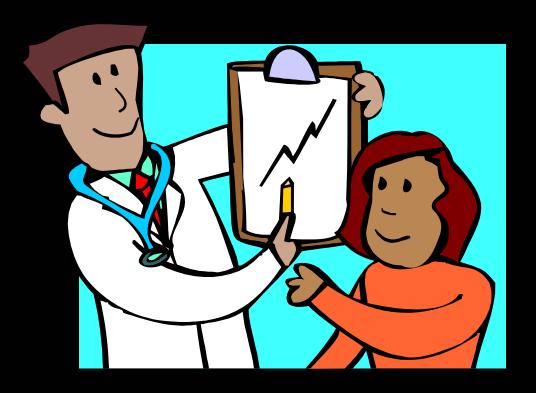
#### Weight Plan

To promote the adaptation of healthy lifestyle choices among AAL employees in order to reduce and minimize the occurrence of obesity and its accompanying high risks for morbidity and mortality.

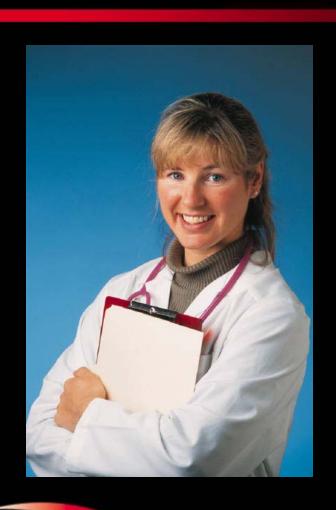
#### Ergonomics Program



#### Well Plan



### Limited Primary Care



#### Workplace Injuries



#### Physical Fitness



#### Value to the Company

- Decreased time away from work
- Convenient access to health care
- Improved self-care skills through education
- Healthier employees

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